

## “For 2009 I resolve to...”

- Enjoy time with family & friends at St. James
- Deepen my relationship with God
- Study the Bible more diligently
- Grow as a disciple of Jesus Christ
- Become a better parent/spouse/friend, etc
- Learn more about God’s plan for me and my world

You make the New Year resolution, and we’ll provide the means to follow through! The following adult studies will be offered for Winter/Spring 2009. **To register, call the church office at 752-6154.** Please let us know when you call if you will need childcare, for how many children, and their ages. Lightly shaded classes are part of our TGIW (Thank God It’s Wednesday!) nights with dinner, activities for the kids, and classes for the adults.

What	When	Teacher	Description
<i>Stage 1: For those just starting on the journey of discipleship and those wanting to make their journey a part of their daily lives ...</i>			
Parenting	Wednesdays 6:00 p.m.	Kim Bunn	While the culture around you may offer many suggestions about parenting, God has much to say about how to navigate the road ahead of you. Through this six-session study, God may give you clarity and insight into your relationship with your children as well as your children's relationships with others. (Feb. 4-Mar. 18)
St. James 101: <b>(required for church membership)</b>	Thursdays 7:00 p.m.	Johnny Branch & Joyce Day	If you're interested in becoming a member of St. James UMC, be sure to sign up for this 2-week class! Learn more about United Methodism and St. James's missions and ministries (Jan. 29 & Feb. 5; please plan to attend both sessions).
Lenten Study: God's Living Covenant	Wednesdays Noon or 6 p.m.	Church Staff	What does it mean to have a covenantal relationship with God? This class explores the history of God's covenant with the Hebrew people and how through God's evolving covenant with God's people we, too, can live a transformed life based upon mercy, love, justice, and hope (Mar. 4-Apr. 8).
GriefShare: A Grief Recovery Support Group	Mondays 7:00 p.m. or Tuesdays 10 a.m.	Barbara Lashley Dane Sergeant	A special weekly seminar/support group for people grieving the death of someone close; it's a place where you can be around people who understand how you feel and the pain of your loss. At GriefShare, you'll learn valuable information that will help you through this difficult time in your life. (Begins week of January 11, but you can enter the group at any time; call Barbara Lashley for more information—830-5105).
Letters from Dad	Kickoff is on Sun., Jan. 11	Greg Vaughn Man in the Mirror	What legacy are you leaving for your children and your spouse? How do you make sure they know just how much you love them? This series of workshops will guide you in writing letters of love, support and encouragement that will mean more to your family than you can even imagine! For more info, contact Rick Hebert (355-8906) or Dave Carson (215-5991).
<i>Stage 2: For those hungry for a better understanding of God and God's Word..</i>			
Climbing the Sycamore Tree: A Study on Choice and Simplicity	Wednesdays 6:00 p.m.	Joyce Day	Do you make everyday economic decisions based on your Christian faith and values? Or have you been influenced—perhaps unconsciously—by the materialism of our culture? What you discover about yourself and our culture in this study on economic choices and the spiritual discipline of simplicity may surprise you! (Jan. 7-Feb. 18).
Beth Moore: Esther: It's Tough Being a Woman	Wednesdays 6:00 p.m.	Edie Snider	If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the study for you. Beth Moore uses the Old Testament story of Esther to help women dealing with a hurried, harried, and pressured life. (Jan. 7-Mar. 11)
When Christ Lives in Us	Mondays 12 Noon	Joyce Day Johnny Branch	What does it mean to say that Jesus is our Lord and Savior? This study shows how we are not simply to follow after Jesus but are actively to carry out the ministry of Christ (Jan. 26-Mar. 30).
Book Group	Sundays 5:30-6:30 p.m.	Michelle Ward	This Spring (January-April) the book club will be reading <i>Cry, The Beloved Country</i> by Alan Paton
Men's Small Groups	Various	Various	Men's small study/accountability groups are available at 5 PM Sundays, 7 AM Mondays, 6:30 AM Fridays and at other times. Contact Dave Carson (215-5991) for more information.

<i>Stage 3: For those ready to go even deeper...</i>			
Experiencing God	Thursdays 7:00 p.m.	Mike Army	While many people simply ask God to bless their plans, this study helps lead believers into a deeper love relationship, teaching them to pray to and hear from God, and to join with God in accomplishing what God purposes to do. (Jan. 8-Mar. 26)
Benedictine Spirituality: Monastic Attributes for All Christians	Tuesdays 7 p.m.	John McKnight	A study of the elements comprising the Rule of St. Benedict. Focus is on applying the Rule to our lives. Study explores our love for God, importance of community, listening, obedience, prayer, humility, hospitality, peace and strategies for balancing our lives as well as an understanding of modern day monasticism (Jan. 13-Mar. 24).
<i>Stage 4: For those who want to develop their leadership skills as they grow even closer to God...</i>			
ChristCare Group Leader Training	Tuesdays 6:30 p.m.	Kathy Mitchell Barbara Hebert Joyce Day	For more information about ChristCare and what is involved in being a group leader, call Kathy Mitchell (353-6638), Barbara Hebert (355-8906) or Joyce Day (752-6154). Leaders Training begins with a 6 hour retreat on January 10, then meets weekly for 10 weeks before ending with another retreat.
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**More classes listed on other side**